

Zwemloop van Nieuwkoop 2023



1/4 afstand: 1000mtr zwemmen 10km lopen

| Startnr | voornaam | | achternaam | m/v | Zwemtijd | Looptijd | Eindtijd |
|---------|----------|-----|------------|-----|----------|----------|----------|
| 757 | Pascal | | Valentijn | m | 00:14:39 | 00:39:05 | 00:53:44 |
| 758 | Frans | van | Heteren | m | 00:13:56 | 00:40:17 | 00:54:13 |
| 759 | Silvan | | Buis | m | 00:16:35 | 00:38:25 | 00:55:00 |
| 751 | Jacco | | Langerak | m | 00:16:45 | 00:39:33 | 00:56:18 |
| 753 | Roel | | Jacobs | m | 00:14:00 | 00:43:35 | 00:57:35 |
| 760 | Andre | | Schaap | m | 00:15:52 | 00:44:38 | 01:00:30 |
| 762 | Henk | van | Laar | m | 00:16:42 | 00:46:11 | 01:02:53 |
| 756 | Liane | van | Egmond | v | 00:16:49 | 00:46:06 | 01:02:55 |
| 765 | Olivier | | Dussine | m | 00:17:20 | 00:48:15 | 01:05:35 |
| 767 | Marliese | | Vollebregt | v | 00:16:20 | 00:49:40 | 01:06:00 |
| 763 | Menno | | Wiersma | m | 00:17:23 | 00:50:07 | 01:07:30 |
| 754 | Esther | | Geerlings | v | 00:17:05 | 00:51:45 | 01:08:50 |
| 752 | John | | Heijsteeg | m | 00:16:43 | 00:52:12 | 01:08:55 |
| 764 | Wesley | | Aartman | m | 00:16:35 | 00:53:40 | 01:10:15 |
| 769 | Joep | van | Straalen | m | 00:15:30 | 00:54:59 | 01:10:29 |
| 755 | Debby | van | Beek | v | 00:15:50 | 01:01:05 | 01:16:55 |
| 768 | Sharon | | Zaal | v | 00:21:12 | 01:08:36 | 01:29:48 |
| 766 | Stefan | | Kranenburg | m | 00:21:16 | 01:10:36 | 01:31:52 |
| 761 | Tonny | | Blom | m | 00:13:58 | -- | -- |

1/8 afstand: 500mtr zwemmen 5km lopen

| Startnr | voornaam | | achternaam | m/v | Zwemtijd | Looptijd | Eindtijd |
|---------|----------|---------|-----------------------|-----|----------|----------|----------|
| 803 | Leon | | Schuurhuis | m | 00:07:10 | 00:21:33 | 00:28:43 |
| 815 | David | van | Straalen | m | 00:10:16 | 00:21:32 | 00:31:48 |
| 802 | Jasper | van | Heusden | m | 00:08:38 | 00:25:37 | 00:34:15 |
| 812 | Twan | | Kennis | m | 00:10:03 | 00:24:59 | 00:35:02 |
| 801 | Guido | van der | Hoorn | m | 00:07:10 | 00:28:18 | 00:35:28 |
| 811 | Jet | | Nieuwenburg-Buitelaar | v | 00:09:31 | 00:27:19 | 00:36:50 |
| 809 | Mike | | Droge | m | 00:11:47 | 00:25:21 | 00:37:08 |
| 807 | Koen | | Bocxe | v | 00:06:53 | 00:30:57 | 00:37:50 |
| 804 | Lichelle | | Zevenhoven | v | 00:09:58 | 00:27:53 | 00:37:51 |
| 800 | Flora | | Muyzer | v | 00:09:08 | 00:31:19 | 00:40:27 |
| 818 | Jennifer | van | Wijk | v | 00:08:58 | 00:32:05 | 00:41:03 |
| 817 | Annelies | van | Dorp | v | 00:14:11 | 00:26:57 | 00:41:08 |
| 813 | Pien | | Klaassebos | v | 00:09:52 | 00:32:13 | 00:42:05 |
| 814 | Regina | | Bouwmeester | v | 00:09:34 | 00:33:11 | 00:42:45 |
| 819 | Marilyn | | Rietveld | v | 00:11:37 | 00:32:53 | 00:44:30 |
| 805 | Jan | de | Boer | m | 00:09:34 | 00:35:26 | 00:45:00 |
| 810 | Stein | Van de | Velde | m | 00:08:35 | 00:37:03 | 00:45:38 |
| 806 | Kees | van | Geel | m | 00:10:20 | 00:36:35 | 00:46:55 |
| 808 | Lewis | | Zwart | v | 00:07:10 | -- | -- |

Mini afstand: 250mtr zwemmen 2,5km lopen

| Startnr | voornaam | | achternaam | m/v | Zwemtijd | Looptijd | Eindtijd |
|---------|----------|--------|--------------|-----|----------|----------|----------|
| 820 | Guusje | | Hoogerbrugge | v | 0:06:03 | 0:11:57 | 0:18:00 |
| 821 | Axel | van de | Voorn | m | 0:06:03 | 0:20:51 | 0:26:54 |
| 822 | Raf | | Terrahe | m | 0:10:35 | 0:19:43 | 0:30:18 |

Zwemloop van Nieuwkoop 2023



Scala: 500mtr zwemmen 5km lopen

| Startnr | voornaam | | achternaam | | Zwemtijd | Looptijd | Eindtijd |
|---------|------------------------|--|------------|--|----------|----------|----------|
| 945 | Noa Pet | | | | 00:10:04 | 00:20:08 | 00:30:12 |
| 997 | Sven Rekelhof | | | | 00:09:58 | 00:21:28 | 00:31:26 |
| 883 | Silke Lamberst | | | | 00:13:32 | 00:18:58 | 00:32:30 |
| 999 | Justin Kragtwijk | | | | 00:10:58 | 00:23:54 | 00:34:52 |
| 996 | Joris van Egmond | | | | 00:10:10 | 00:24:53 | 00:35:03 |
| 967 | Jente Verweij | | | | 00:11:10 | 00:24:02 | 00:35:12 |
| 920 | Quint Tijsterman | | | | 00:10:12 | 00:25:33 | 00:35:45 |
| 921 | Milan van Veen | | | | 00:11:18 | 00:24:32 | 00:35:50 |
| 908 | Rowan Croon | | | | 00:12:25 | 00:23:26 | 00:35:51 |
| 995 | Timo van Leiden | | | | 00:10:06 | 00:26:19 | 00:36:25 |
| 911 | Sebastiaan Zinko | | | | 00:11:46 | 00:25:14 | 00:37:00 |
| 923 | Sjoerd van der Hoonard | | | | 00:11:03 | 00:26:00 | 00:37:03 |
| 907 | Tim Zweers | | | | 00:12:44 | 00:24:44 | 00:37:28 |
| 931 | Ties Kesting | | | | 00:10:56 | 00:26:49 | 00:37:45 |
| 914 | Kristiaan Bruggers | | | | 00:11:53 | 00:26:07 | 00:38:00 |
| 852 | Sharlene Both | | | | -- | -- | 00:38:30 |
| 905 | Tim Bentvelzen | | | | 00:12:34 | 00:25:56 | 00:38:30 |
| 916 | Nick de Rijk | | | | 00:13:30 | 00:25:01 | 00:38:31 |
| 903 | Gila Noura | | | | 00:13:07 | 00:25:25 | 00:38:32 |
| 941 | Tijmen Frederiks | | | | 00:09:03 | 00:29:31 | 00:38:34 |
| 987 | Thom Koster | | | | 00:11:30 | 00:27:05 | 00:38:35 |
| 986 | David Westerman | | | | 00:11:22 | 00:27:16 | 00:38:38 |
| 912 | Tamas Stokkel | | | | 00:11:55 | 00:26:44 | 00:38:39 |
| 910 | Chris van Dijk | | | | 00:12:53 | 00:25:57 | 00:38:50 |
| 896 | Jonna van der Post | | | | 00:12:37 | 00:26:18 | 00:38:55 |
| 853 | Jada den Butter | | | | 00:10:16 | 00:28:49 | 00:39:05 |
| 938 | Duuk van der Meijden | | | | 00:12:05 | 00:27:00 | 00:39:05 |
| 952 | Hugo Sluimer | | | | 00:12:14 | 00:26:52 | 00:39:06 |
| 983 | Luna Immerzeel | | | | 00:10:05 | 00:29:13 | 00:39:18 |
| 929 | Jasper Winterink | | | | 00:11:32 | 00:28:08 | 00:39:40 |
| 856 | Ilya Spekman | | | | 00:11:51 | 00:27:49 | 00:39:40 |
| 990 | Stijn de Boer | | | | 00:12:22 | 00:27:23 | 00:39:45 |
| 858 | Fleur Tollenaar | | | | -- | -- | 00:39:55 |
| 968 | Kick Tetteroo | | | | 00:12:13 | 00:27:50 | 00:40:03 |
| 949 | Luuk Rodenburg | | | | 00:13:38 | 00:26:27 | 00:40:05 |
| 879 | Tirza Oskamp | | | | 00:12:19 | 00:27:57 | 00:40:16 |
| 928 | Femke de Vries | | | | 00:12:30 | 00:28:09 | 00:40:39 |
| 998 | Rienk van den Hoonard | | | | 00:10:29 | 00:30:20 | 00:40:49 |
| 991 | Kevin Straathof | | | | 00:11:57 | 00:28:57 | 00:40:54 |
| 994 | Sam de Jong | | | | 00:09:58 | 00:31:03 | 00:41:01 |
| 988 | Wessel Kranenburg | | | | 00:11:16 | 00:29:56 | 00:41:12 |
| 924 | Luuk Hulshof | | | | 00:10:30 | 00:30:48 | 00:41:18 |
| 865 | Bryan Verdel | | | | 00:12:23 | 00:29:02 | 00:41:25 |
| 855 | Melle van Rijthoven | | | | 00:11:52 | 00:29:42 | 00:41:34 |
| 854 | Isa Wagter | | | | 00:12:05 | 00:29:40 | 00:41:45 |
| 959 | Job Hofland | | | | 00:12:48 | 00:29:15 | 00:42:03 |
| 927 | Freek Lieverse | | | | -- | -- | 00:42:03 |
| 887 | Kyan Rompies | | | | 00:12:48 | 00:29:17 | 00:42:05 |

Zwemloop van Nieuwkoop 2023



| | | | | | | | |
|-----|------------------------|--|--|--|----------|----------|----------|
| 913 | Taeke de Waard | | | | 00:13:20 | 00:28:48 | 00:42:08 |
| 993 | Veljko Krivokapic | | | | 00:08:00 | 00:34:28 | 00:42:28 |
| 919 | Yoran Belt | | | | 00:09:58 | 00:32:39 | 00:42:37 |
| 984 | Xander Schaap | | | | 00:11:51 | 00:31:42 | 00:43:33 |
| 930 | Naud van Egmond | | | | 00:13:10 | 00:30:29 | 00:43:39 |
| 977 | Anna van Asselt | | | | 00:12:17 | 00:31:27 | 00:43:44 |
| 850 | Jade Hofstee | | | | 00:11:59 | 00:31:48 | 00:43:47 |
| 954 | Benjamin van der Werff | | | | 00:14:30 | 00:29:26 | 00:43:56 |
| 985 | Anneleine Bonte | | | | 00:13:43 | 00:30:15 | 00:43:58 |
| 906 | Tim de Jong | | | | 00:12:53 | 00:31:09 | 00:44:02 |
| 962 | Sem Resmann | | | | 00:14:05 | 00:30:07 | 00:44:12 |
| 979 | Senna Eijsbouts | | | | 00:12:17 | 00:32:29 | 00:44:46 |
| 992 | Gijs Troe | | | | 00:11:59 | 00:32:48 | 00:44:47 |
| 947 | Noa de Rooij | | | | 00:14:29 | 00:30:32 | 00:45:01 |
| 981 | Senna Heuzen | | | | 00:10:23 | 00:34:46 | 00:45:09 |
| 868 | Rhodé van Oostenbrugge | | | | 00:13:38 | 00:32:05 | 00:45:43 |
| 975 | Torsten van der Hoorn | | | | 00:12:26 | 00:33:22 | 00:45:48 |
| 982 | Xanthe van Haasteren | | | | 00:11:03 | 00:34:55 | 00:45:58 |
| 904 | Tim Belager | | | | 00:11:01 | 00:35:14 | 00:46:15 |
| 893 | Mara van de meent | | | | 00:14:33 | 00:31:46 | 00:46:19 |
| 890 | Fleur Koetsier | | | | 00:14:38 | 00:31:47 | 00:46:25 |
| 964 | Mila Elsgeest | | | | 00:13:38 | 00:32:47 | 00:46:25 |
| 902 | Amber Beckers | | | | 00:11:40 | 00:34:50 | 00:46:30 |
| 971 | Isa Huft | | | | 00:12:17 | 00:34:30 | 00:46:47 |
| 939 | Mees mensink | | | | 00:12:56 | 00:33:54 | 00:46:50 |
| 888 | Benthe Tromp | | | | 00:14:30 | 00:32:20 | 00:46:50 |
| 963 | Oliwia Warchol | | | | 00:13:48 | 00:33:14 | 00:47:02 |
| 898 | Sophie de Jong | | | | 00:11:50 | 00:35:25 | 00:47:15 |
| 989 | Damian van Leeuwen | | | | 00:11:28 | 00:35:50 | 00:47:18 |
| 958 | Noah Flier | | | | 00:12:54 | 00:34:34 | 00:47:28 |
| 980 | Anne de Kort | | | | 00:11:41 | 00:35:50 | 00:47:31 |
| 937 | Olivia Groenewold | | | | 00:13:55 | 00:33:49 | 00:47:44 |
| 866 | Nick de Rijk | | | | 00:13:42 | 00:34:13 | 00:47:55 |
| 940 | Fleur Mulder | | | | 00:14:12 | 00:33:43 | 00:47:55 |
| 871 | Jismerai Aijal | | | | 00:15:39 | 00:32:26 | 00:48:05 |
| 953 | Puck de Vries | | | | 00:14:30 | 00:34:18 | 00:48:48 |
| 942 | Thijs Gehlen | | | | 00:15:11 | 00:33:53 | 00:49:04 |
| 881 | Bente Kloos | | | | 00:13:32 | 00:35:58 | 00:49:30 |
| 851 | Lieke Voerman | | | | 00:13:38 | 00:35:54 | 00:49:32 |
| 882 | Isis van der Hoorn | | | | 00:13:07 | 00:36:38 | 00:49:45 |
| 864 | Noa Loos | | | | 00:12:39 | 00:37:36 | 00:50:15 |
| 899 | Esmee Bos | | | | 00:10:29 | 00:40:21 | 00:50:50 |
| 946 | Britt Plesman | | | | 00:12:02 | 00:38:54 | 00:50:56 |
| 935 | Lot Bolder | | | | 00:14:04 | 00:36:52 | 00:50:56 |
| 915 | Boaz Kroll | | | | 00:14:22 | 00:37:20 | 00:51:42 |
| 878 | Jessy van Vliet | | | | 00:14:57 | 00:37:23 | 00:52:20 |
| 861 | Indy den Ouden | | | | 00:13:48 | 00:38:33 | 00:52:21 |
| 891 | Floortje de Boer | | | | 00:13:21 | 00:39:23 | 00:52:44 |
| 926 | Dershana Kanbier | | | | 00:17:15 | 00:35:47 | 00:53:02 |
| 978 | Nova Poort | | | | 00:13:15 | 00:39:59 | 00:53:14 |

Zwemloop van Nieuwkoop 2023



| | | | | | | | |
|-----|------------------------|--|--|--|----------|----------|----------|
| 917 | Thomas van der Star | | | | 00:14:02 | 00:39:18 | 00:53:20 |
| 969 | Soraya Ruigrok | | | | 00:13:15 | 00:40:30 | 00:53:45 |
| 970 | Jacky Plaisier | | | | 00:13:15 | 00:40:30 | 00:53:45 |
| 966 | Carmen Sinon | | | | 00:12:23 | 00:41:51 | 00:54:14 |
| 889 | Nienke Visser | | | | 00:14:43 | 00:39:51 | 00:54:34 |
| 895 | Isa Polderman | | | | 00:14:43 | 00:39:52 | 00:54:35 |
| 877 | Jenna Baker | | | | 00:14:30 | 00:40:28 | 00:54:58 |
| 925 | Jada de Kruijf | | | | 00:14:20 | 00:40:55 | 00:55:15 |
| 932 | Lotte van der Laken | | | | 00:14:20 | 00:40:57 | 00:55:17 |
| 961 | Judith Ruijgrok | | | | 00:13:41 | 00:41:40 | 00:55:21 |
| 950 | Tony Pham | | | | 00:19:29 | 00:38:14 | 00:57:43 |
| 936 | Lana van Dam | | | | 00:16:46 | 00:41:09 | 00:57:55 |
| 870 | Florian Verburg | | | | 00:13:40 | 00:44:32 | 00:58:12 |
| 862 | Jauke van der Stigchel | | | | 00:12:35 | 00:45:55 | 00:58:30 |
| 873 | Djecia Dirks | | | | 00:16:22 | 00:42:23 | 00:58:45 |
| 918 | Merijn Hoogerdijk | | | | 00:16:54 | 00:42:00 | 00:58:54 |
| 875 | Nabil Yafidi | | | | -- | -- | 00:59:05 |
| 859 | Luna Gulden | | | | 00:14:59 | 00:44:07 | 00:59:06 |
| 869 | Robin Redegeld | | | | 00:15:49 | 00:43:25 | 00:59:14 |
| 869 | Thijs Cornelissen | | | | 00:15:49 | 00:43:25 | 00:59:14 |
| 957 | Aiden Snel | | | | 00:17:30 | 00:43:29 | 01:00:59 |
| 863 | Noa Vriend | | | | 00:13:04 | 00:50:45 | 01:03:49 |
| 874 | Rachel Smale | | | | -- | -- | 01:03:49 |
| 951 | Julia Rutkowska | | | | 00:11:25 | -- | -- |
| 944 | Naomi Lai | | | | 00:11:55 | -- | -- |
| 900 | Britt Hofstee | | | | 00:12:02 | -- | -- |
| 976 | Stijn van den Berg | | | | 00:12:10 | -- | -- |
| 897 | Amy Mink | | | | 00:12:47 | -- | -- |
| 880 | Zara Uslu | | | | 00:13:39 | -- | -- |
| 955 | Quinten Ruiter | | | | 00:13:45 | -- | -- |
| 901 | Louka Mathilda | | | | 00:14:13 | -- | -- |
| 956 | Silke Schonenberg | | | | 00:14:14 | -- | -- |
| 892 | Edzard van der linden | | | | 00:14:23 | -- | -- |
| 876 | Julina Haring | | | | 00:16:12 | -- | -- |
| 857 | Lois Krijnen | | | | -- | -- | -- |
| 867 | Dylan Peirsman | | | | -- | -- | -- |
| 872 | Dion de Preter | | | | -- | -- | -- |
| 884 | Bjorn Lundell | | | | -- | -- | -- |
| 885 | Merel van der Heijde | | | | -- | -- | -- |
| 886 | Elise de Vos | | | | -- | -- | -- |
| 894 | Olivier Paans | | | | -- | -- | -- |
| 909 | Senna Noura | | | | -- | -- | -- |
| 922 | Lars Vergeer | | | | -- | -- | -- |
| 933 | Kyan L'ami | | | | -- | -- | -- |
| 934 | Alex van Berkcel | | | | -- | -- | -- |
| 948 | Nienke Visser | | | | -- | -- | -- |
| 960 | Sam Serlier | | | | -- | -- | -- |
| 965 | Angelika Drabik | | | | -- | -- | -- |
| 972 | Nikki Pijnacker | | | | -- | -- | -- |
| 973 | Karel Dekker | | | | -- | -- | -- |